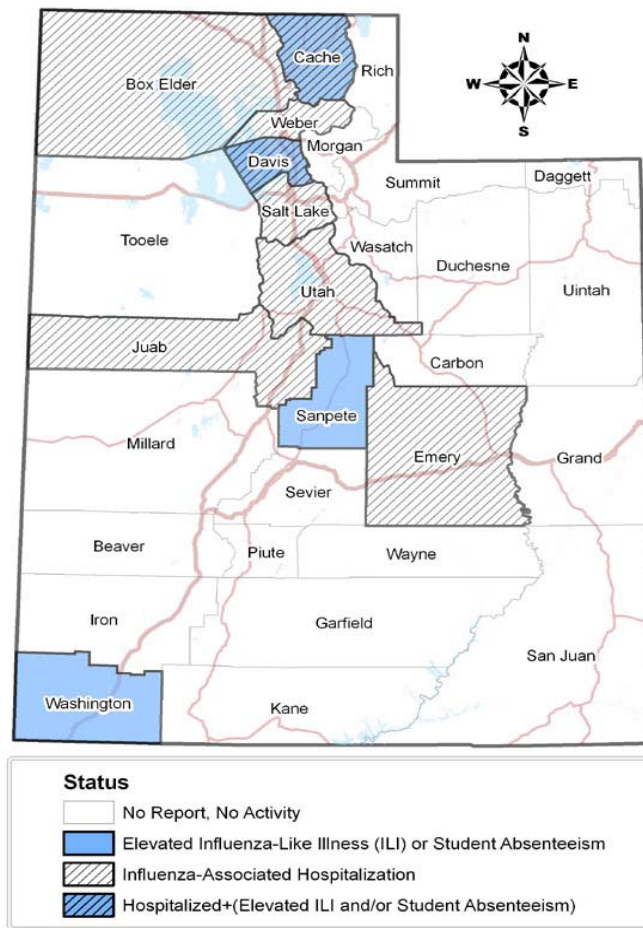


# UTAH - WEEKLY INFLUENZA SUMMARY

MMWR Week 2 (1/8/06 - 1/14/06) - Posted 1/18/06

## WEEKLY MAP\* OF UTAH INFLUENZA ACTIVITY



\* No Report/ No Activity \*\* Sentinel sites with regular ILI data collection are only located in the following counties: Cache, Davis, Salt Lake, Sanpete, Sevier, Tooele, Utah, Washington, and Weber.

## UTAH - WEEKLY INFLUENZA TEXT SUMMARY

### Influenza Activity in Utah:

Influenza activity is decreasing in Utah. The number of visits for influenza-like illness has fallen below state threshold levels this week. Student absences are also below threshold levels. 329 hospitalizations associated with influenza have been reported to the UDOH this season. Most of these hospitalizations have occurred in individuals with high-risk factors and have been associated with Type A influenza.

As of 1/14/2006, no pediatric influenza-associated deaths have been reported in Utah.

Click on the map to access national influenza surveillance data. Please note, states determine for themselves how to estimate weekly influenza activity. The classification system used in Utah primarily serves to provide a spatial description of how influenza is circulating in the state.

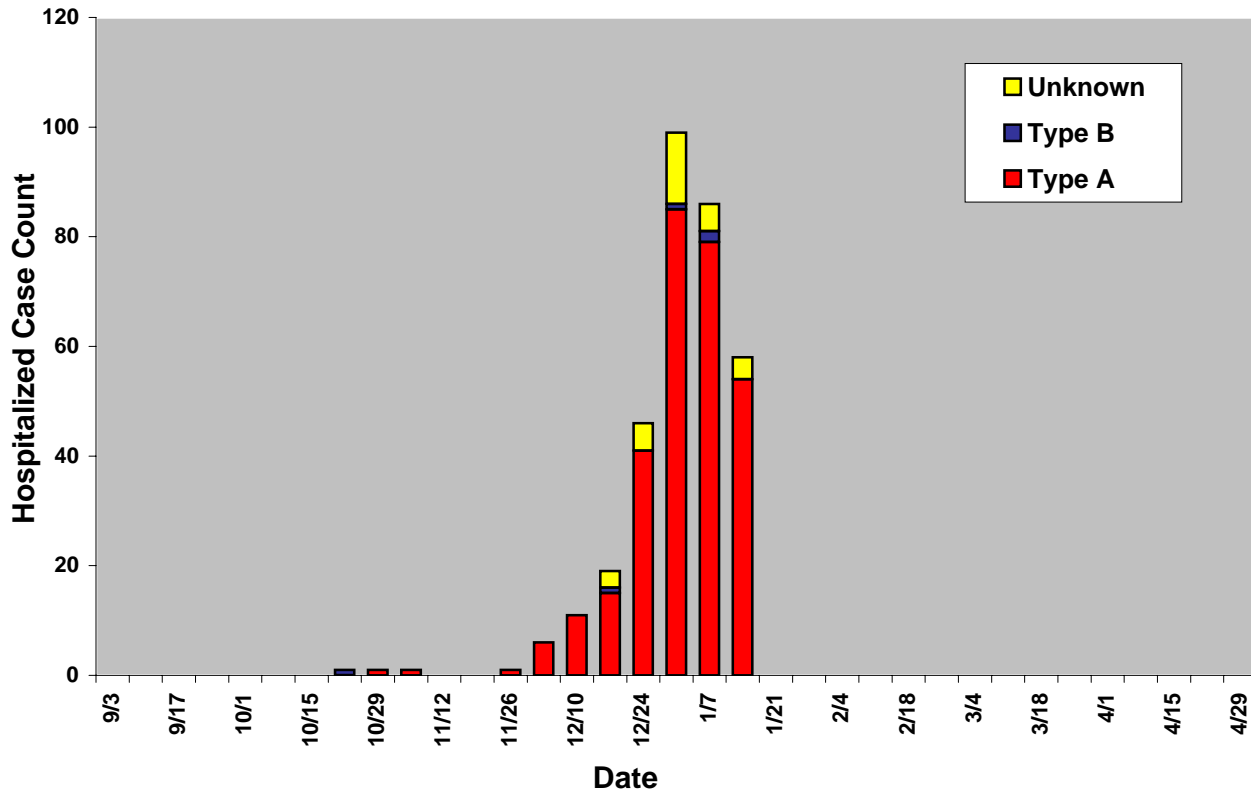


## INFLUENZA PREVENTION

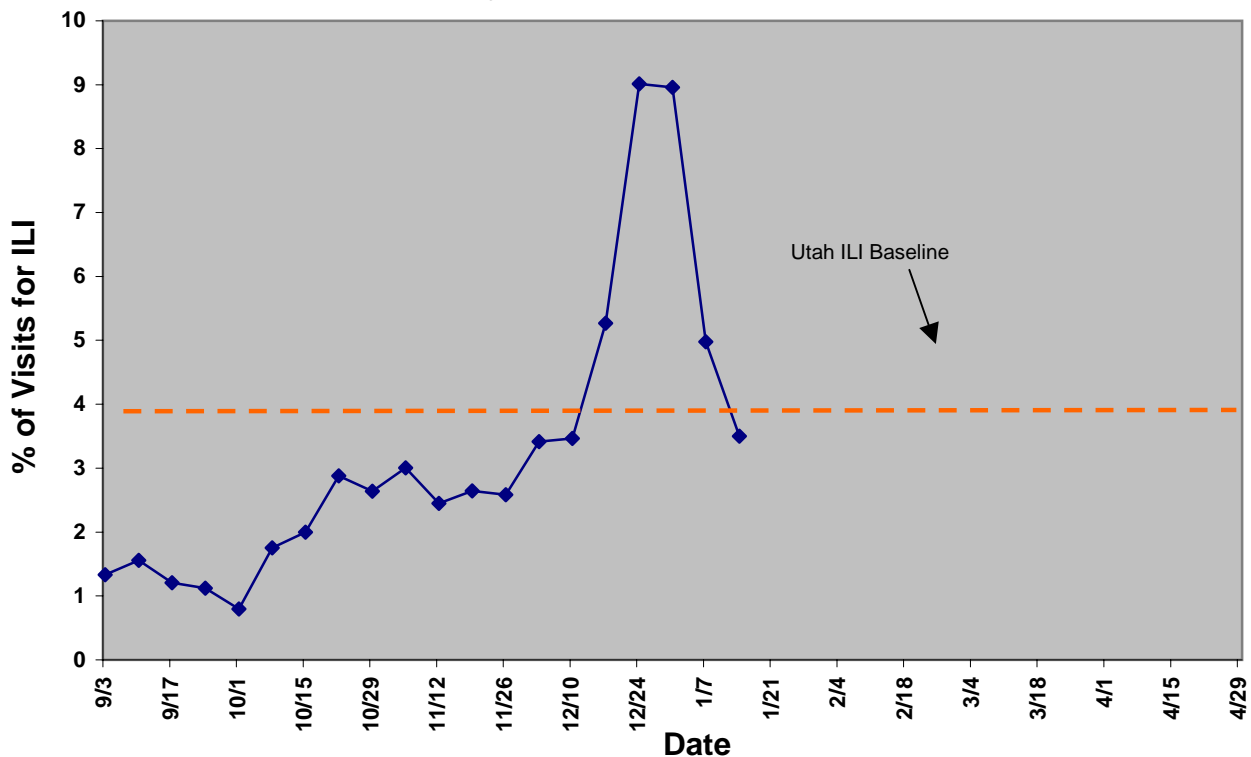
### How to protect yourself and others:

1. Utahns should get an influenza vaccine.  
\*\*Contact your provider or the Immunization Hotline (1-800-275-0659) to locate an influenza shot.
2. All Utahns should practice "respiratory etiquette" to reduce the spread of respiratory diseases.  
\*\* Stay away from other people when you are sick.  
\*\* Cover your mouth and nose with a disposable tissue when you cough or sneeze. Throw the tissue away.  
\*\* Wash your hands.
3. We urge schools and employers to be supportive of these preventive measures.

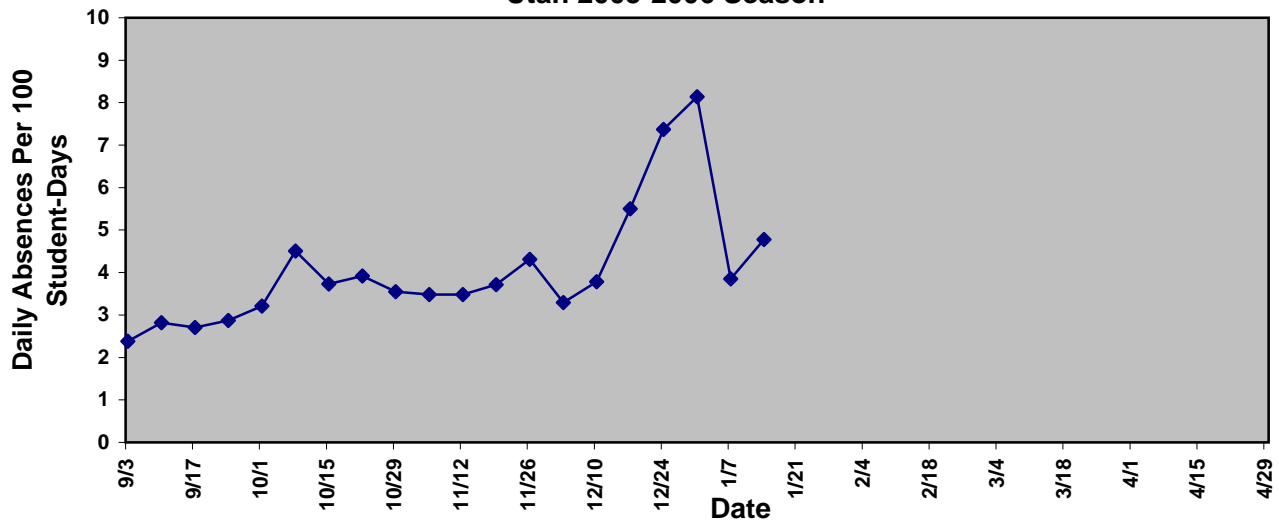
## Influenza-Associated Hospitalization by Week and by Virus Type, Utah 2005-2006 Season



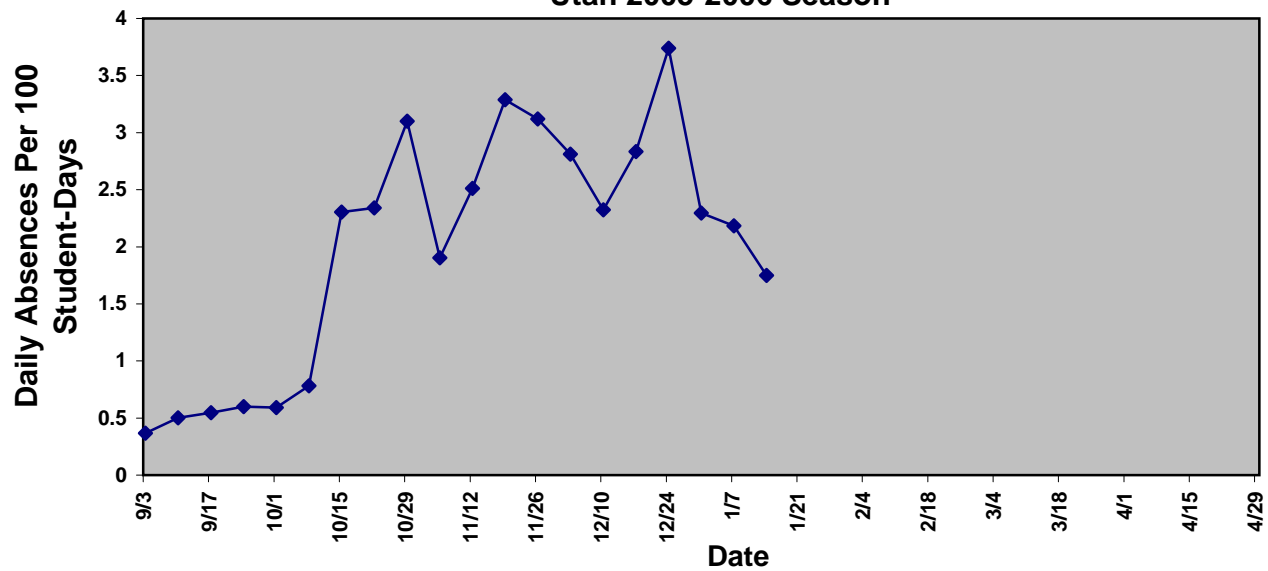
## Percentage of Visits to Utah Sentinel Clinics that were for Influenza-Like Illness (ILI) by Week, 2005-2006 Season



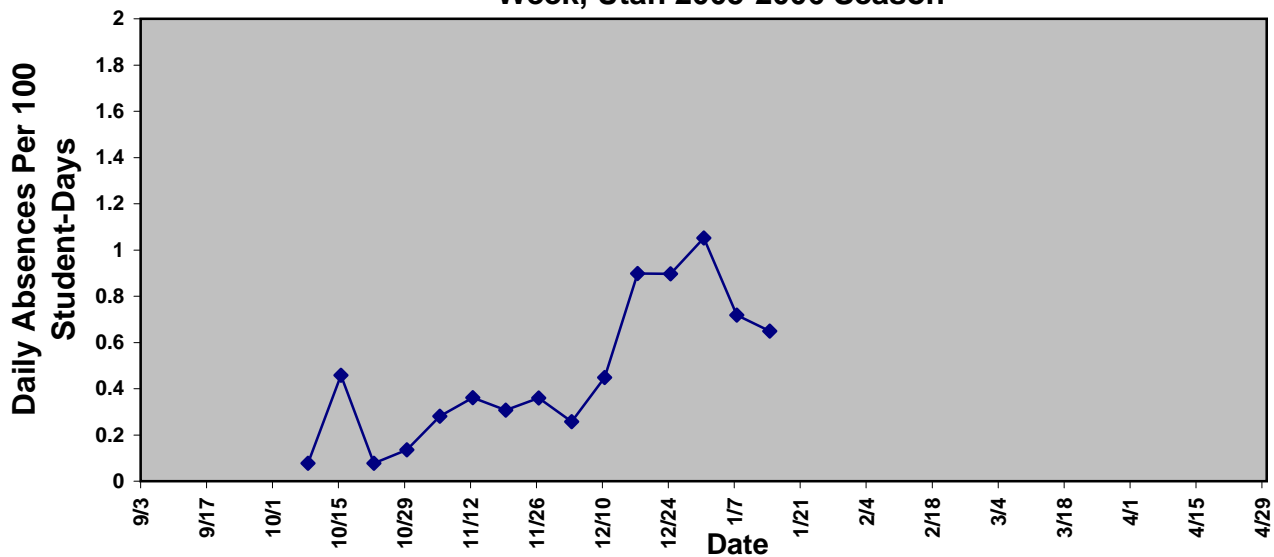
**Student School Absenteeism Rate - All Absences, by Week,  
Utah 2005-2006 Season**



**Student School Absenteeism Rate - Any Illness, by Week,  
Utah 2005-2006 Season**



**Student School Absenteeism Rate - Influenza-Like Illness (ILI), by  
Week, Utah 2005-2006 Season**



Percentage of Visits for Influenza-Like Illness (ILI) Reported by Sentinel Providers,  
Utah Summary 2005-06 and Previous 2 Seasons

